

# SENSORY GUIDE

## SPRING AWAKENING



THE  
**FIFTH**  
AVENUE  
THEATRE



SENSORY ACCESS

ACCESS FOR ALL

# GENERAL CONSIDERATIONS

- Run Time: Approximately 2 hours and 20 minutes, including a 15-minute intermission.
  - Act I: 60 minutes
  - Act II: 50 minutes
- The decibel levels noted in this guide do not take into consideration instances of applause; sound levels might differ based on the audience.
- This Sensory Guide was developed following an audit in June 2024 at The 5th Avenue Theatre. The audit was conducted by a member of the Sensory Access team who is neurodivergent and hyperacoustic. The information in this guide should not be relied on for performances at other venues.
- The show is detailed song by song in the guide below. Each line indicates the impact from the beginning of the listed song until the start of the next one.

## SENSORY IMPACT KEY



**Auditory Impact**



**Visual Impact**



**Emotional Impact**



**Strobing Effects**

## COMMON DECIBEL (DB) LEVELS

|     |                                   |
|-----|-----------------------------------|
| 70  | Office/classroom chatter          |
| 80  | Busy traffic, dog barking         |
| 90  | Hairdryer                         |
| 100 | Lawnmower, construction site      |
| 110 | Concert, night club               |
| 120 | Police siren, airplane taking off |

# ACT ONE

## SONG

## DESCRIPTION

## SENSORY

Mama Who Bore Me

- Complex nature background sound effects
- Loud music



Mama Who Bore Me  
(Reprise)

- Loud music
- Complex noise
- Bright lights flash on
- Faint high-pitched feedback-like sound effect
- Sudden smack sound effect
- Depiction of abuse from an instructor



All That's Known

- Loud music
- Up to 89.6 dB



The Bitch of Living

- Loud music
- Flashes of lights
- Bright, moving spotlights
- Sexual descriptions and gestures
- Door slam sound effect
- Up to 92.6 dB



My Junk

- Loud music
- Sexual gestures and description
- Loud voice over
- Bright stage lights
- Up to 92.7 dB



# ACT ONE

## SONG

## DESCRIPTION

## SENSORY

Touch Me

- Sexual descriptions and discussion
- Loud music
- Up to 93.1 dB



The Word of Your Body

- Description of child abuse
- Up to 86 dB



The Dark I Know Well

- Description of child sex abuse
- Loud music
- High-pitched feedback-like sound effect
- Requested abusive acts
- Depictions of child abuse
- Yelling
- Complex noise
- Up to 95.4 dB



And Then There Were None

- Loud music
- Bright stage floor
- Up to 93.0 db



The Mirror - Blue Night

- Loud music
- Up to 98.6 dB



I Believe

- Loud music
- Simulated sex
- Up to 106.6 dB



# ACT TWO

## SONG

## DESCRIPTION

## SENSORY

### The Guilty Ones

- Complex noise
- Bell tolls
- Simulated sex
- Loud music
- Up to 88.8 dB



### Don't Do Sadness

- Loud music
- Up to 92.8 dB



### Blue Wind

- Loud music
- Up to 86.3 dB



### Don't Do Sadness / Blue Wind

- Loud music
- High emotional impact
- Depiction of suicide
- Bright stage floor
- Up to 91.0 dB



### Left Behind

- High emotional impact
- Loud music
- Lights flash back on
- Depiction of abuse by an instructor
- Up to 90.9 dB



# ACT TWO

## SONG

## DESCRIPTION

## SENSORY

### Totally Fucked

- Loud music
- Bright flashing and moving lights
- Some bright lights point towards the audience
- Up to 98.3 dB



### The Word of Your Body (Reprise 2)

### Melchior Letter Underscore

- High emotional intensity
- Depiction of child abuse
- Loud resonant background sound
- Up to 88.6 dB



### Whispering

- High emotional intensity
- Up to 86.0 dB



### Wendla Letter Underscore

- Complex shouting/chatter
- Sexual gestures and content
- Depiction of fighting
- Up to 95.7 dB



# ACT TWO

## SONG

## DESCRIPTION

## SENSORY

### Abortionist Underscore

- Sexual gestures and content
- Complex noise
- Depiction of an abortion
- High emotional impact
- Depiction of death
- Up to 89.1 dB



### Melchior's Escape

- Complex noise
- Yelling and loud scream
- Bell tolls
- High emotional impact
- Up to 91.4 dB



### Almost Midnight

- High emotional impact
- Loud music
- Up to 90.5 dB



### Those You've Known

- Loud music
- Character comes close to harming himself
- Up to 90.0 dB



### The Song of Purple Summer

- Loud music
- Bright stage light points towards the audience
- Some confetti lands in the front of the audience
- Up to 101.1 dB



# THE 5TH AVENUE THEATRE

